



Breastfeeding Resources in the Community

Trinity Health Of New England's Women's Care Concierge

Comprehensive women's health care services.
1-833-NE-WOMEN (1-833-639-6636)

ZipMilk

Listing of breastfeeding services by zip code.
www.zipmilk.org

La Leche League, CT

No charge breastfeeding assistance, support
and group meetings. Meetings are every first
Friday and second Wednesday of the month.

860-222-0990
Register at: TrinityHealthOfNE.org/Events

WIC Program

Breastfeeding support, nutrition education and
counseling for qualified participants.

203-524-6785
Email: wicwaterbury@opthc.org

Nest Collaborative

International Board-Certified Lactation
Consultants that provide virtual and online
breastfeeding support.

www.nestcollaborative.com