

CONNECTICUT

Stroke Support Groups

Fairfield County

Stroke Support Group

Bridgeport Hospital (Yale New Haven Health)

Ahlbin Centers of Rehabilitation Medicine

Scinto Corporate Tower 184

4 Corporate Drive

Shelton, CT 06484

Renee B. Dagostine: 203-925-4201

Group meets on the first Tuesday of every month from 6 to 7 pm in suite 184, with a holiday party in December. There are occasional guest speakers, summer picnics, and demonstrations. The group is open to patients, families, and caregivers.

Stroke Education and Support Group

Greenwich Hospital (Yale New Haven Health)

5 Perryridge Road

Greenwich, CT 06830

Namrita Gill, Gino Pirri, or Bridget Soscante: 203-863-4444

Due to COVID19, virtual meetings are held every second Wednesday from 4 to 5 pm. Meetings are facilitated by a healthcare professional. The meetings are open to patients, families and caregivers, and offer peer support and occasional guest speakers. Register through the call center, 888-305-9253.

Stroke Peer Support Group

Ann's Place

80 Saw Mill Road

Danbury, CT 06810

845-531-9968 or strokesup4peers@gmail.com

Group meets the first Friday of each month from 10 am to noon. These are Zoom meetings until further notice.

Caregivers Support Group

Goldstone Caregiver Center at Danbury Hospital

24 Hospital Ave.

Danbury, CT 06810

Miranda Dold: 203-739-4921

This group meets Thursday mornings; please call Miranda Dold directly for details.

Stroke Support Group – Stamford Hospital

The Tully Center

32 Strawberry Hill Ct

Stamford, CT 06902

Grace Capone: 203-276-2212

This group meets the last Tuesday of the month from 3:30 to 5pm.

Stroke Survivors and Caregivers Support Group

St. Vincent's Medical Center

Hawley Conference Room

2800 Main St.

Bridgeport, CT 06606

Kelly Last, PT at kelly.last@hhchealth.org or Christine Vidmosko, MS, OTR/L at christine.vidmosko@hhchealth.org: 475-210-5362

Group meets at the hospital every first Wednesday of the month from 2 to 3:30 pm in May and June, and the second Wednesday of the month from 2 to 3:30 pm from July through December. Light refreshments are served. **Due to COVID19 restrictions, the group has suspended meetings until September, 2021.**

Hartford County

Central CT Stroke Club

Bristol Senior Center

240 Stafford Ave.

Bristol, CT 06010

Merna Whitcomb

Senior Center: 860-584-7895

Group meets every Friday from 1 to 3 pm in Room 109. This group offers informal motivational support.

Central Region Stroke Support

The Hospital for Special Care

2150 Corbin Ave,

New Britain, CT 06053

Christina Collin: christina.collin@hhchealth.org or 203-228-0927

Group is currently running in a hybrid mode between virtual and in-person. The in-person group (with a max capacity of 10 persons) meets at the hospital while the rest of the participants join via Zoom. They meet on the second Wednesday of each month from 3 to 4:30 pm. It provides education, support, and monthly guest speakers for stroke survivors, caregivers, and their families.

Stroke Support Group

Mt. Sinai Rehabilitation Hospital

490 Blue Hills Ave.

Hartford, CT 06112

Joan Karpuk: 860-714-3122

Group meets the second Monday of each month from noon to 1 pm in the Klein Conference Room. First-time attendees should call ahead of time. Contact for COVID19 updates.

Stroke Survivor Group

UConn Outpatient Pavilion Neurology Clinic (3rd floor)

263 Farmington Ave.

Farmington, CT 06030

Brooke Medel, medel@uchc.edu : 860-480-2523

Groups meets the fourth Wednesday of the month. Guest speakers from different areas of the hospital visit and meet with our stroke survivors. Open to all survivors and their families.

Wethersfield Stroke Club

William Pitkin Community Center

30 Greenfield St.

Wethersfield, CT 06109

Joan Haines: 860-529-2281

Due to COVID19 restrictions, meetings are sporadic. Please contact Joan for details.

Litchfield County**Community Stroke Group**

Sharon Hospital

50 Hospital Road

Sharon, CT 06069

Melissa Braislin: 860-364-4065

Group meets every Friday from noon to 1 pm via Zoom meetings. Please call for more details.

Middlesex County**Estuary Stroke Support Group – Caregivers Support Group for Dementia/Alzheimer's**

Community VNA Guilford

220 Main St.

Old Saybrook, CT 06475

Molly Spandley: 860-388-4455

Group meets on the fourth Thursday of each month from 1 to 2:30 pm. There are guest speakers.

Central Region Stroke Support

The Hospital for Special Care

2150 Corbin Ave,

New Britain, CT 06053

Christina Collin: christina.collin@hhchealth.org or 203-228-0927

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Stroke Support Group

Yale New Haven Hospital Rehabilitation and Wellness Center

Bridgeport Hospital Milford Campus

300 Seaside Ave.

2nd floor Auditorium

Milford, CT 06460

mary.marra@ynhh.org or 203-301-6262

Due to COVID19 restrictions, Milford and Saint Raphael Campus' groups have merged for a virtual group on Zoom. Meetings take place on the third Wednesday of each month from 3:30 to 4:30 pm. Please email mary.marra@ynhh.org to be added to the email list and with any questions about the group. In-person meetings will be reconsidered in accordance with hospital guidelines.

Stroke Support Group

Yale New Haven Hospital Saint Raphael Campus

1450 Chapel St.

Cronin Auditorium Conference Room

New Haven, CT 06511

mary.marra@ynhh.org or 203-301-6262

Due to COVID19 restrictions, Milford and Saint Raphael Campus' groups have merged for a virtual group on Zoom. Meetings take place on the third Wednesday of each month from 3:30 to 4:30 pm. Please email mary.marra@ynhh.org to be added to the email list and with any questions about the group. In-person meetings will be reconsidered in accordance with hospital guidelines.

Stroke Support Group

*Griffin Hospital
350 Seymour Ave.
Derby, CT 06418*

Stephanie Fisher, DPT: SFisher@Griffinhealth.org or 203-732-7445

Group meets the second Monday of the month from 5:30 to 6:30 pm at the Cancer Center across the street from Griffin Hospital. This group provides education and support for community members who have suffered a stroke, family members, and caregivers. Includes monthly discussion on various topics, and light, healthy snacks.

Stroke Survivors

*Gaylord Hospital
50 Gaylord Farm Road
Wallingford, CT 06492*

Allison Greco: 203-284-2875

Group meets the first Thursday of the month from 3:30 to 4:30 pm in the Jackson Building on the ground level across from the library, Hooker 130 solarium.

New London County**Survivors of Stroke Support Group**

*Lawrence + Memorial Hospital (Yale New Haven Health)
Groton Public Library
52 Newton Road
Groton, CT 06340*

Lisa Bedard APRN, stroke coordinator:

860-442-0711 ext. 2748

860-441-6750 (Library)

Group meets third Thursday of every month at the Groton Public Library from noon to 3 pm. A speaker is usually invited.

Tolland County**UConn Aphasia Groups**

*UConn Speech and Hearing Clinic
850 Bolton Road
Storrs, CT 06269*

Jennifer Mozeiko: 860-420-9828

<http://aphasia-rehab.slhs.uconn.edu/uconn-aphasia-group/>

Please check the website as the day and time change each semester. This group requires registration and patients should call ahead. These are online meetings; new patients welcome.