

Community Health
& Well-Being

Impact Report



2023 Community Benefit Report





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Our Mission

We, Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

Our Core Values

Reverence

We honor the sacredness and dignity of every person.

Commitment to Those Experiencing Poverty

We stand with and serve those who are experiencing poverty, especially those most vulnerable.

Safety

We embrace a culture that prevents harm and nurtures a healing, safe environment for all.

Justice

We foster right relationships to promote the common good, including sustainability of Earth.

Stewardship

We honor our heritage and hold ourselves accountable for the human, financial and natural resources entrusted to our care.

Integrity

We are faithful to who we say we are.

Our Vision

As a mission-driven innovative health organization, we will become the national leader in improving the health of our communities and each person we serve. We will be the most trusted health partner for life.

Community Health and Well Being Introduction

Welcome to the Community Health and Well Being Impact Report for 2023. This is the second edition of this report which provides an overview of our work and explains how our department supports the mission of Trinity Health to “serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.”

Trinity Health Of New England recently reported over \$192 million dollars in the community benefit to the IRS for the contributions we have made to improve health. This figure includes service programs, resources dedicated to training new clinicians, shortfalls from state payments to care for the poor and investments with community-based partners to address the needs highlighted in our Community Health Needs Assessment. This Impact Report highlights just a few examples of the vast portfolio of activities that take place in our department, many of which are not captured in the Community Benefit reporting that we do to the IRS. That \$192 million dollar figure does not include investments like, hiring Community Health Workers to support our

clinical teams, making low interest loans to partners to expand development in poor neighborhoods, managing grant programs that provide critical services that impact health outcomes and much more.

All of our work is in collaboration with others and without these partners we would not succeed. We depend on partners like our community leaders who keep us honest and tell the truth about their experience with our healthcare system; collaborations with clinical leaders who see the value of supporting the social needs in addition to the medical needs of those we care for; national leaders who invite us to join them on initiatives that focus on improving equity; and more colleagues than can be counted who support our work.

We are thankful and privileged to be in this role as servant leaders and hope you are inspired by the stories shared here.

In partnership,

Mary Stuart, MPH



Mary Stuart, MPH

*Regional Executive Director
Community Health and Well Being
Trinity Health Of New England*

Ministry Overview

Trinity Health Of New England is an integrated health care delivery system comprised of world-class providers and facilities dedicated to the full spectrum of preventive, acute, and post-acute care, all delivered with the triple aim of better health, better care, and lower costs for our patient populations.

In New England, our hospitals, walk-in clinics, medical offices, specialized facilities, affiliated institutions, and foundations serve a population of nearly 3 million people.

As a dynamic part of **Trinity Health**, based in Livonia, Michigan, and one of the nation's largest multi-institutional Catholic health care delivery systems, Trinity Health Of New England is uniquely positioned to advance health care through alliances with the **University of Connecticut School of Medicine**, the **Frank H. Netter MD School of Medicine at Quinnipiac University**, and through our own research institutions dedicated to the development of primary care, new treatments for cancer and MS, and much more.

Member Hospitals

Saint Francis Hospital

114 Woodland Street
Hartford, CT 06105
860-714-4000

Mercy Medical Center

271 Carew Street
Springfield, MA 01104
413-748-9000

Saint Mary's Hospital

56 Franklin Street
Waterbury, CT 06706
203-709-6000

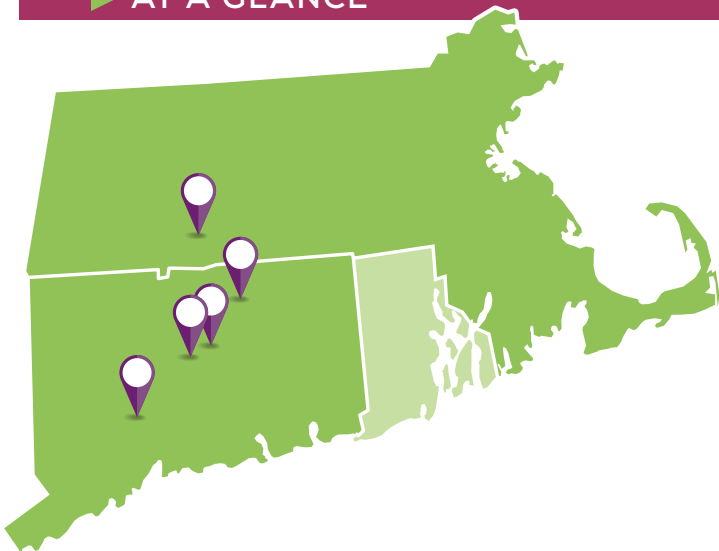
Johnson Memorial Hospital

201 Chestnut Hill Road
Stafford Springs, CT 06076
860-684-4251

Mount Sinai Rehabilitation Hospital

490 Blue Hills Avenue
Hartford, CT 06112
860-714-3500

▶ AT A GLANCE



8,166 Colleagues

\$2.2 Billion in Annual Revenue

4 Acute Hospitals

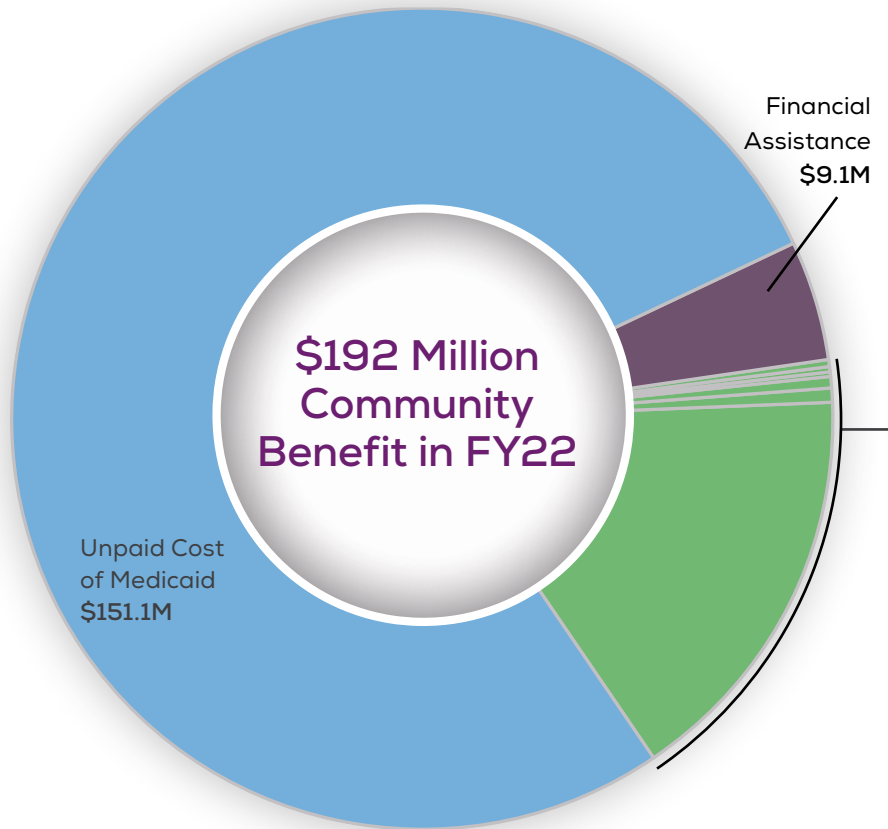
1 Licensed In-patient Rehabilitation Hospital

1,468 Beds

3,070 Total Employed Providers

1,911 Affiliated Partners

Community Benefit



Trinity Health Of New England is committed to being a transforming, healing presence within the communities it serves. Guided by our charitable mission and core values—reverence for each person, justice, commitment to those who are poor, stewardship, and integrity—our work extends far beyond hospital or clinic walls. We continually invest resources into our communities to meet health needs of underserved and vulnerable community members, bringing them healing, comfort, and hope. Through our community benefit initiatives, we help to make our communities healthier places to live.

PROGRAMS

Research	\$320,000
Financial and In-Kind Contribution	\$166,269
Community-Building Activities	\$30,450
Community Benefit Operations	\$491,945
Community Health Improvement Services	\$642,532
Health Professionals Education	\$30.6M

What is Community Benefit?

A community benefit is a program, activity, or service that promotes health and healing and responds to identified community needs; community benefit activities are focused on:

- improving access to health care services;
- enhancing the health of the community;
- advancing medical and healthcare knowledge; and
- helping to relieve the burden of government to improve health.

Advancing Social Care

Transforming Communities Initiative: Collaborative efforts with community partners

The Transforming Communities Initiative (TCI) was launched to advance community partnerships that focus on improving health and well-being in communities served by the Ministries of Trinity Health. This innovative funding model and technical assistance initiative supports communities using policy, system and environmental change strategies to advance racial equity, address social needs to improve well-being and health equity, strengthen community partnerships, and accelerate community health improvement.

The Trinity Health Of New England ministry cities of Waterbury and Hartford, Connecticut and Springfield, Massachusetts are among the ten cities in the country to receive TCI grants from Trinity Health. The grants are based on two criteria; at least 40% of the population in the community is Black or Hispanic, and the median earning for the community is at or below 200% of the federal poverty guidelines.

In Waterbury, Trinity Health Of New England, Saint Mary's Hospital, and Waterbury Bridge to Success engaged the community to identify the health priority that would be the focus of the TCI grant award from Trinity Health. In early 2023, Waterbury Bridge to Success (BTS), as the TCI Lead Community-Based organization, convened community members both virtually and in person and had nearly 300 participants attend the session. The Hispanic Coalition and RIBA Aspira also joined in the effort. By reviewing the Community Health Needs Assessment data, the groups identified the top priority as seen by Waterbury residents. The community determined that mental health is of the utmost importance and would serve as the TCI priority in Waterbury.

Trinity Health awarded up to \$300,000 per year for three years to Saint Mary's Hospital's TCI which includes conducting a root cause analysis on mental health as well as implementation of a plan to tackle the issue.



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Advancing Social Care (CONTINUED)



The Health Equity Report of 2023 published by Data Haven revealed that 18% of Waterbury adults report experiencing anxiety regularly and 15% report being bothered by depression. Community conversations about the causes of Mental Health struggles conducted by BTS identified Employment, Poverty and Racism as upstream factors for those living in Waterbury.

For Saint Mary's the TCI effort will focus on these upstream factors in collaboration with community-based organizations and community members to bring about change. The TCI collaborative effort will use a racial equity lens to examine policies that impact access to employment, to implement strategies that help residents build wealth, and to learn more about what can be done to improve the neighborhood environment that will result in positive change for the mental health of residents.

Impacting Social Influencers of Health

Mass UP: Changing Food Systems Through an Equity Lens

The department of CHWB at Mercy Medical Center participated in a collaborative funded by the Massachusetts Health Policy Commission which focuses on access to healthy foods and changing the food system to make it more equitable. The Mass UP partnership included the Springfield Food Policy Council, Fertile Ground, Square One, Open Pantry, and Gardening the Community.

The project has used a racial equity lens to inform our work. This includes conversations between partners to be certain we are listening to those most impacted by food insecurity. We also engaged a “graphic scribe” to document our meetings and create a graphic representation of the work. We have a practice of sharing resources and letting each partner lean into what they do best.

One example of the value of this partnership is GTC providing boxes of produce to families who are enrolled at daycare services at Square One. This service was designed to engage with families to be certain they are aware of the resources available to them



such as the HIP program which provides additional produce to families enrolled in SNAP. Square One families also mentioned their desire for cultural produce such as yucca, mangoes, and bananas. As a result of these conversations, our other partner Open Pantry Community Services which runs a food pantry has developed its own client choice model, enabling all clients to safely “shop” in their distribution centers for products they want most.

Impacting Social Influencers of Health (CONTINUED)

COMPASS Youth Collaborative and the Transitional Employment Program

For over 47 years, the Joan C. Dauber Food Pantry at Saint Francis Hospital has provided food assistance, nutritional counseling, and case management to families and individuals in Hartford and Tolland Counties. Created in 1976, it was the first food pantry located in a hospital setting in the U.S., and continues its service today through grants, donations, and local merchants. Most recently, the Food Pantry has partnered with COMPASS Youth Collaborative to form a Transitional Employment Program (TEP) as part of the Hospital Violence Intervention Program (HVIP).

The Transitional Employment Program grew out of the long-standing HVIP program, which supports wrap-around care for patients who are victims of violence to ensure social care needs are met when discharged from Saint Francis. Research shows youth who have

been impacted by violence are at high risk for experiencing violence again and are often not ready for traditional job placement programs, but are in need of a safe space to practice skills. The program allows a range of learning opportunities and provides a safe place for participants to hone employment skills. Along with the valuable work experience, participants have the opportunity to continue their education and earn career certifications.

“At the Food Pantry, we give teens and young adults a chance to work around their mistakes, to grow and be better in their community as well as in their place of employment,” said Taurean Minnefield, TEP Coordinator for COMPASS Youth Collaborative. “We deal with high-risk youth. The more they’re involved with something positive, the more they’re off the streets.”



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– Taurean Minnefield
Coordinator
COMPASS Youth Collaborative

Impacting Social Influencers of Health (CONTINUED)



The Transitional Employment Program provides youth with the professional skills they need to gain and maintain meaningful employment. Program participants are provided the opportunity to build job skills that are transferable into various workforce sectors, as they develop hard and soft skills to be productive members of a team and their communities. Youth participants work alongside COMPASS program managers as well as Food Pantry staff and volunteers to give back to their community by serving those who are most in need. Some of their duties include stocking shelves, taking inventory, unloading trucks, and using pallet jacks. “Because we have the partnership with Saint Francis, we know when someone has been a victim of violence, and we can meet them with the purpose of not only having the physical healing, but the mentorship and behavior change over time,” said Jacquelyn Santiago Nazario, Chief Executive Officer of COMPASS Youth Collaborative.

“We can do so much more for our community if we think about the resources and opportunities, we have available within our health care system,” said Carolyn Alessi, Regional Director of Community Health and Well Being at Saint Francis. “That’s where I feel like connecting those dots and creating those opportunities really demonstrates to our community that we’re committed. We’re committed to them for the long haul.”



Trinity Health
Of New England

Community Health & Well-Being

659 Tower Avenue, Hartford, CT 06112